

# Welcome to Week 1

## Sample Ice Breaker

- What was a highlight for you since the last time we met?
  - What was a low?
- What was the best present you received for Christmas?

## Introduction

For the next few weeks, we will be going through the Bible together. We'll talk about the big stories, explore how we can read it better, and how we can apply it to our lives.

Each week, we'll look at a different section of the Bible together. Outside of our meeting night, there will be **homework**. This is so that we can put into practice what we talk about. Every week, we'll have an opportunity to review any questions that come up.

## Bible Questions

- How would you describe your relationship with the Bible?
  - Example: On again/off again? Steady? Non-existent? Complicated?
- How often do you read your Bible? (no judgement)
- Do you have a favorite part of the Bible?
- What challenges do you have with the Bible?

## Sermon Questions

1. Have you ever had an experience like Saint Augustine where you felt "read" by the Word of God?
2. How is God's rest different from our versions of rest?
3. We briefly discussed the different ways the word of God is communicated...do you have any experiences you would like to share hearing God's word?
4. In Hebrews, we see a warning not to allow disobedience through unbelief to stop us from entering God's rest. What helpful practices help you persevere even when you feel like you are in the "wilderness"?
5. In Hebrews 4:16, we see an invitation to come to God's throne boldly. Is the idea of coming to God boldly something you are comfortable or uncomfortable with?