



First, watch  
this week's  
video!

Friendship:  
Using your  
words and  
actions to show  
others you care

### Memory Verse

"A friend loves at  
all times. They are  
there to help when  
trouble comes."  
Proverbs 17:17, NIV

### Bible Story

Forgive One Another  
Colossians 3:13

### Bottom Line

Friends forgive  
one another.

Use this guide to help your family  
learn about friendship.

## Activity

### Friendly Forgiveness

#### What You Need:

Dry erase board and marker; or a piece of paper,  
pencil, and eraser

#### What You Do:

Ahead of time, think of a time when you had to forgive  
a friend when they did something that hurt your  
feelings. This should be something simple and kid-  
appropriate (not too serious or heavy).

Say to your child, "Let me tell you about a time when a  
friend hurt my feelings . . . and I had to forgive them." On  
the dry erase board (or piece of paper), draw a picture to  
represent what happened as you describe it. Then erase  
the board (or piece of paper), and explain that you chose  
to forgive and "erase" what had happened.

Now give your child a chance to share about a time  
when a friend hurt their feelings. Maybe a friend  
didn't invite them to their birthday party. Or maybe  
a friend ignored them, or played with another friend  
and excluded them.

Encourage your child to draw a picture of that situation  
on the dry erase board (or piece of paper). Then  
encourage your child to erase the board (or piece of  
paper) to demonstrate how they forgave their friend—  
or how they can choose to forgive.

When you're finished, say, "The truth is, people are going  
to do and say things that bug us or hurt our feelings—  
even our friends! One of the most important ways to BE  
a good friend and KEEP a good friend is to be quick to  
forgive. Forgiving doesn't mean that what they did was  
okay—and it DOESN'T mean that it's okay to let someone  
KEEP hurting you. It just means that you're choosing to  
let go of what happened instead of carrying it with you.  
Remember that God is always there to help us forgive."



## Talk About the Bible Story

How does it feel when a friend hurts  
our feelings?

Why is it important to forgive our  
friends?

Does forgiving someone mean that  
what they did was okay?

Can you think of a time when  
someone has forgiven you?

Is there anyone you need to forgive  
right now?

*Take time to read Colossians 3:13  
together from the Bible.*



## Prayer

Use this prayer as a guide, either  
after talking about the Bible story or  
sometime before bed tonight:

"Dear God, Your love is more amazing  
than we can imagine! Thank You SO  
much for sending Your Son, Jesus, to  
be our Savior. Thank You for making  
a way for us to be forgiven. Help us  
remember that You forgave us so  
we can be quick to forgive others. In  
Jesus' name we pray. Amen."