

Use this guide to help your family learn about how God wants us to live with integrity.

First, watch this week's video!

Integrity: choosing to be truthful in whatever you say and do.

### Memory Verse

Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught.  
Proverbs 10:9, NIV

### Bible Story

Say Anything  
(No Secrets with God)  
1 John 1:9

### Bottom Line

Being truthful with God keeps you close to Him.

## Activity

### Hide-and-Seek-a-Toy

#### WHAT YOU NEED:

A small toy—like a small stuffed animal or toy truck

#### WHAT YOU DO:

Say, “Let’s play a game. I’ll close my eyes and count to ten. While I’m counting, you hide the toy somewhere *in this room*. Then, I have until you count to ten to find it. If I can’t find it, you get a point. If I do find it, I get a point! Then, we’ll switch. I’ll hide the toy while you count with your eyes closed. Let’s do it!”

Take turns behind the “hider” and the “seeker”.

After a few rounds, add up the points and see who won! Tell your child that hiding things from each other for a game can be fun. Ask them: “Who should we always be honest with?” (God. *We don’t need to hide anything from God.*)

## Talk about the Bible Story

Do you ever talk or pray to God? What are some things you tell God? (*Share with your child if not, talk about how you talk and pray to God.*)

Look up 1 John 1:9 (NIV) and read it together.

What does it mean to sin? Why should we tell God about it? (*We sin when we do something we know we shouldn’t. Everyone sins—moms and dads, included. God wants us to tell Him when we’ve sinned so that He can forgive us.*)

Once we confess our sins, does that mean we won’t do wrong things again? (*No, we are humans and we aren’t perfect. God knows we can’t obey Him perfectly and He still wants us to talk to Him about everything including when we mess up or disobey Him.*)

How does confessing our sins and being truthful keep us close to God? (*When we’re truthful with God, we remember that He sent Jesus to make it possible for us to have a forever relationship with Him.*)

Is there anything you need to tell God about right now? Let’s pray silently for a moment and talk to God.

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

“Dear God, thank You for loving us. Thank You for sending Jesus. Because of Him, nothing can separate us from You. God, sometimes we try to hide things from You. But You are interested in everything about us, and that is AMAZING to think about! We ask You to remind us to share our lives with You—because You love us. We love You, too! We pray this in Jesus’ name. Amen.”

