



April 19th

Xp3

Middle School

Week One: Bottom Line

Choose words that help others,
not words that hurt others.

Scripture

Ephesians 2:29 and Mark 7:15

Family Game:

(Play this before you watch the video!)

Don't make me laugh!

Gather together and have one person move to the front of the group. Have the person pick one silly phrase and then using only that phrase, their voice, and a silly face (or two) try to make the others laugh. This game is all about self-control so the player who stays straight-faced longest wins! (This is a great game to play over zoom or FaceTime with friends & family!)

“Do not use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them”
Ephesians 4:29

Ice Breaker:

(Ask this before the discussion questions.)

What is an example of something a middle schooler might have a really strong opinion about?

It's not what goes into your body that defiles you; you are defiled by what comes from your heart”
Mark 7:15

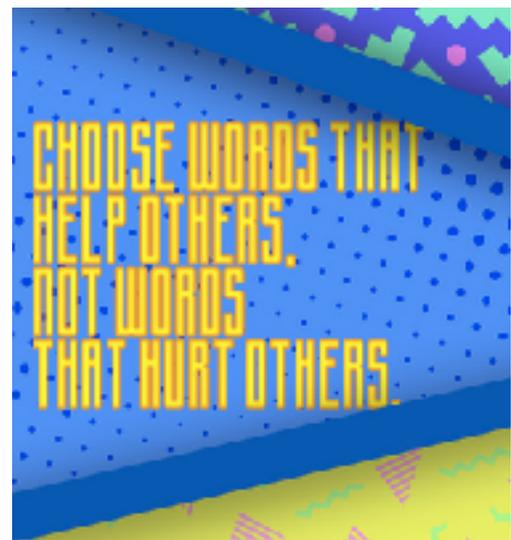


Activity: Reflect & Discussion Questions

What you'll need: Bible

Read the scripture passages and talk through these

- In your own words, how would you define gossip?
- On a scale of 1 to 10, how often do you hear gossip? (1 being never and 10 being all the time)
- What's one example of something a middle schooler might gossip about?
- Why do you think people gossip or talk bad about people behind their backs?
- When someone gossips about me, I feel _____.
- When it comes to gossip, do you think most middle schoolers believe they have a choir to participate or not? Why?
- If you've said hurtful things in the past, what's one step you can take to make it right going forward?
- How do you think your school might be different if people only spoke helpful words rather than hurtful words?



The Parent Cue App is a FREE app that you can use to bring the message home with you on a daily basis. It allows you to watch the weekly Bible story with your child in the comfort of your own home. This app is available both on the Apple IOS Store and the Google Play Store.

JOIN US FOR MIDDLE SCHOOL GROUP ON ZOOM:

WEDNESDAYS AT 6:00PM - Email MSG@parkchurchnj.com for more!

