



March 29th

Epic Obstacle Course

FAMILY CHALLENGE

It's time for a challenge! This week make an obstacle course together! Build it inside or outside and then see who can complete it the fastest, the silliest, or backward! Don't forget to take a picture (or video) and show us: mention us in your story @parkchurchnj or comment on this weeks Park Kids Facebook post.

Activity: Heart Cutout

What you'll need: Construction paper, markers, safe scissors

BEFORE THE ACTIVITY: Cut paper into squares folding each square in half. Draw a half a heart with the middle at the fold. (for Beginners cut the hearts out)

DURING THE ACTIVITY: Allow child(ren) to practice cutting out the hearts - when they unfold the heart will be revealed.

WHAT TO SAY AFTER: "Great job! Let's unfold the cutout and see what it is! It is a heart! A heart is about love! Now let's color the hearts and tape them up to remind is to love one another! Who can you follow? **I can follow Jesus!**

PRAYER: Dear God, thank you for giving us Jesus to be our friend forever. Thank you that He loves us and shows us how to love others. Help us to be good friends and love the way Jesus loves us. In Jesus' name, amen.

First Look

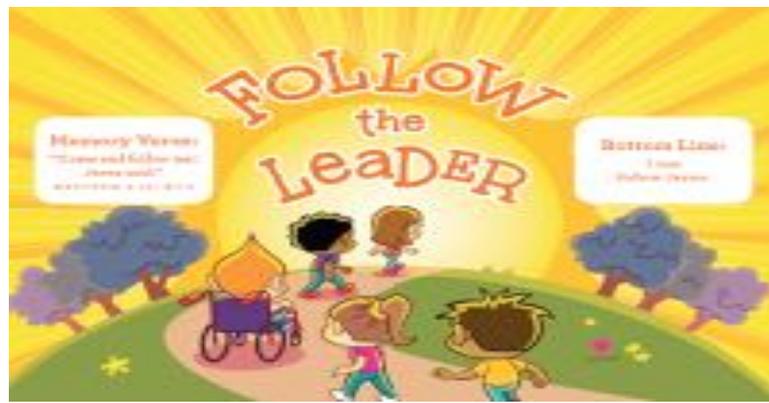
Beginners & Preschool

Bible Story

When I follow Jesus,
I can love everyone

Love one another

John 13:34-35



Activity: Reflect & Memory Verse Practice

What you'll need: Bible, Memory Verse

"Our Bible story today was about loving one another the way Jesus loves us. That's a lot of love, because Jesus loves us A LOT! When we follow Jesus, we get to see that He loves people by forgiving and sharing and helping and being kind. Jesus loves us by being the best friend ever!

That means when we follow Jesus, we can love everyone the way Jesus loves us. That's awesome!

So tell me: Who can follow Jesus?

I can follow Jesus

You got it! You CAN follow Jesus! And our Bible Verse helps us to remember that. Let's say it together:

'Come and follow me' Jesus said. Matthew 4:19

Good job! Now let's say it in a few fun ways, examples: soft voice, loud voice, singing voice, and laughing voice.

Activity: Follow Me

What you'll need: Bandanas

DURING THE ACTIVITY: Gather together and take turns blindfolding someone and letting them be guided through the house or room. Switch roles after a few numbers so everyone has a chance to lead and follow.

WHAT TO SAY AFTER: You did an awesome job leading AND following. Super job! Who is the best leader to follow? (Jesus) Who can you follow? **I can follow Jesus!**

The Parent Cue App is a FREE app that you can use to bring the message home with you on a daily basis. It allows you to watch the weekly Bible story with your child in the comfort of your own home. This app is available both on the Apple IOS Store and the Google Play Store.

